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#### **Virtual**

## Getting Paid to Talk: An Introduction to Professional Voice Over

If you've ever wondered how to begin in voice over part time, full time, or for supplemental or retirement income, this workshop is a great, upbeat, and most importantly, realistic first step. Our easy-to-access remote learning system will take you behind the scenes at Voice Coaches' main studios, where we regularly produce voice over content for clients including Netflix, Discovery, HGTV, Disney, Lifetime, Nickelodeon, and many more. From audio books, training material, animation, and commercials to socially relevant content, television, and much, much more: today's voice over field has become a great way to leverage your individual voice qualities and communication skill in a whole new way. This class also includes an opportunity to receive a brief one-on-one voice range and quality assessment with our instructor. We sincerely hope you'll join our community of enthusiastic learners! This class is fun, realistic, and a great first step for anyone interested in voice over. Please note: Register with us below and then a link to the web-based program will be sent from Voice Coaches directly.

Code	Day	Date	Time
1240.013	Th	11/3	6:30 PM - 8 PM
1240.023	Th	11/17	6:30 PM – 8 PM

Fee: R \$30/ NR \$40

## **Know Your Medicare Options**

During this Free Educational Seminar, hosted by Del Val Senior Advisors, you will learn:

How Medicare works and what it covers

How Part "D" prescription cards work and how to pick the right one for you

The differences between Medicare supplements and Medicare Advantage plans

This seminar is suitable whether you are turning age 65 or have decisions to make during the upcoming open enrollment (Oct. 15 - Dec. 7), or just want to learn in preparation of that time.

A zoom link will be emailed to all registrants the day before the seminar.

Presented by Steven Bobrin, a Medicare planning specialist with Del Val Senior Advisors.

Code		Day	Date Time
1502.012	Th	9/29	6:30 PM - 8 PM

Ages: 63 and up Fee: FREE

#### Adobe Photoshop | InDesign | Illustrator

#### InDesign:

This class is for beginners that are interested in learning how to use and create in one of the most innovative layout digital design software programs. You will learn the workspace, tools, menus, panels, layers, Master Pages with fun projects that will include creating a flyer and organizing a book with TOC, file usage, and so much more!

Code	Day	Date	Time
1288.013	Tu	10/4 - 11/8	6:30 PM - 8:30 PM

#### **Photoshop:**

This class is for beginners that are interested in learning how to use and create in one of the most innovative rasterized design software programs. You will learn the workspace, tools, menus, panels, layers with fun

projects which will include drawing, painting, photo correction, selection & masking, color modes, typography, color, raster/vector and file usage, and so much more!

 Code
 Day
 Date
 Time

 1288.023
 Th
 10/6 - 11/10
 6:30 PM - 8:30 PM

#### **Illustrator:**

This class is for beginners that are interested in learning how to use and create in one of the most innovative vector digital design software programs. You will learn the workspace, tools, menus, panels, layers with fun projects that will include drawing, painting, type & typography, color and file usage, and so much more!

 Code
 Day
 Date
 Time

 1288.033
 TuTh
 11/29 - 12/15
 6:30 PM - 8:30 PM

Ages: 18 and up Fee: R \$199 / NR \$209

Instructor, Lisa Kulik has years of experience teaching students of all ages how to navigate and utilize the programs in the Adobe Suite graduating from Temple with a BA in Marketing and earning a Certificate in Graphic Design. Lisa has over twentyfive years of experience designing for advertising agencies and print shops. She successfully began a sign business and creates personalized signs honoring graduates along with creating marketing materials for local businesses in her community. She has taught Adobe Photoshop, Illustrator and InDesign at our local colleges, tech schools, townships, school districts and summer camps. She instructs a comprehensive program while having fun engaging her students with fun projects. She is very personable and will assist you through each project seamlessly, so you feel comfortable

and enjoy yourself creating in these awesome programs! Which program have you always wanted to learn?

Class supplies: Computer (PC/MAC): Video, audio, mouse with Adobe software downloaded. Access to a browser to access my Zoom link. Adobe software can be purchased directly from their web page for one month or student can obtain a Free Trial weekly. Students can sign up for a discount too. (Check the Adobe.com site for software prices and computer specifications needed to run the program successfully) If students have any questions, I will be happy to assist and can contact me anytime at kulikl@ verizon.net

#### **Green Scene**

#### **Bird Watching Hike**

The Doylestown Township Parks and Recreation Department and the Environmental Advisory Council invite you to participate in a family friendly Bird Watching Hike. Led by birding expert Diane Smith, the walk will begin in Central Park and meander for approximately 2 miles along the park system trails. The walk will include Central Park's bird blind and Native Plant Garden, which are prime locations to view birds. The pace of the walk will be relaxed. Comfortable shoes, a hat, water, sunblock, and binoculars if you have them, are recommended. All are welcome! Children must be accompanied by an adult.

Code	Day	Date	Time
2001.013	Sa	10/8	8:30 AM - 10:30 AM

Location: Central Park: Pavilion #1

Fee: Free



#### Oops, we goofed...!?

From time to time there may be an error, typo and/or change to information in the program guide. If so, we will take every step to correct the situation in a timely and efficient manner. We appreciate your patience and understanding should these situations arise.





#### Walking the dog?

We welcome your "well-mannered" canine friends. Dogs must be leashed and under the control of the owner at all times. Off-leash activity is prohibited.

Owners are responsible for cleaning up and properly disposing of waste material.



#### **Photography Programs**

These programs are appropriate for beginners, as well as experienced photographers who own digital cameras, (bring a variable lense if you have) or even just a smart phone that has a camera. You will learn tips and tricks for photographing the beauty of nature and the adorable animals. Expand your knowledge of the best times for shooting, what animals and birds are available in each season, and different photography techniques. We will put those skills to good use in each class when we go on our group photo walk. Please dress appropriately for the weather. If a class is canceled due to inclement weather, a makeup class will be added to the end of the session.

Location: Activity Center (next to tennis courts)
Ages: 13 and up

Fee: R \$125 / NR \$135

#### **Sunday Nature Walks:**

This class will explore the many parks of our area, as we walk and talk about each location – we will have our cameras and cell phones at the ready. This early morning class is a great way to start your Sunday learning about our parks, the nature in our area and about photography. This class will require moderate walking (between 2 and 3 miles) on uneven ground (trails in the woods, meadows – with some inclines).

Code	Day	Date	Time
2008.013	Su	9/4 - 9/25	6:30AM-8 AM

#### **Beginning Photography:**

This introductory course will allow you to explore all types of photography. In your first class you will learn all the basics of photography. Each class will build on what you learned while we

try portrait photography, landscape photography and wildlife photography. This class will occur at more than one location but all within the Doylestown area.

Code	Day	Date	Time	
2008.023	Su	9/4 - 9/25	2 PM - 3 PM	

#### Fall Wildlife:

We will follow the fall bird migration, search for bucks practicing their sparring for the rut, and look for all the small land mammals preparing for winter in this lush time of food. You will learn about appropriate settings for each type of mammal, rapid changing light and how/when to find the animals. This fun class is all outdoors and will require moderate walking distances. Classes will take place at Central Park, Wilma Quinlan Preserve, Peace Valley Nature Center and Pine Run Reservoir.

Code	Day	Date	Time
2008.033	Su	9/4 - 9/25	3:30 PM- 4:30 PM

#### **Erichment**

#### Internet Privacy Workshop

This class focuses on methods, techniques and procedures to minimize personal information that is found online. Our Team will explain how to locate your distinctive online attributes and how your data appears on the Internet. The team will also show participants how to manage, remove (if applicable) and prevent your personal information from reappearing online. The procedures and methods reviewed during this instruction are primarily free and easy to apply. Every member of the XposURe team are active law

enforcement. The team has worked and assisted in investigations on the Federal, State, and local levels utilizing open-source techniques as well as social media applications. All members of the XposURe team are active law enforcement with a concentration in online digital investigations and intelligence. \*A parent is required to accompany their child for the minors workshop\*

#### **Internet Privacy for Minors**

Code	Day	Date	Time
0720.013	W	9/21	5 PM - 7 PM
0720.023	W	10/19	5 PM - 7 PM
0720.033	W	11/9	5 PM - 7 PM

Location: Conference Rm B- Township bldg.

Time: 5 PM - 7 PM Ages: 12 - 17 Fee: R \$35 / NR \$45

#### **Internet Privacy for Adults**

Code	Day	Date	Time
1294.013	W	9/21	7 PM - 9 PM
1294.023	W	10/19	7 PM - 9 PM
1294.033	W	11/9	7 PM - 9 PM

Location: Meeting Room (township building)

Ages: 18 and up Fee: R \$35 / NR \$45

#### **Learn to Play Poker**

Do you know the difference between a full house and a straight house? No? Good, then you will want to join us for this program, since a straight house isn't really a thing. Don't worry if you knew how to play poker but haven't played it in a while. We'll teach you everything you will need to play. From hand rankings to betting rules, and table positions. After we get past the basics we will dive into the most popular version of the

game- No Limit Texas Holdem! The talented instructor has played in over 3,000 poker tournaments and been dealt over 250,000 hands. Odds are if you have a question, he has your answer. All materials are provided by the instructor.

Code	Day	Date	Time
1296.013	М	9/12	Time: 7 PM – 9 PM
1296.023	М	10/10	Time: 7 PM – 9 PM
1296.033	М	11/14	Time: 7 PM – 9 PM
1296.013	М	12/12	Time: 7 PM – 9 PM

Location: Activity Center (next to tennis courts)

Ages: 21 and up Fee: R \$30 / NR \$40

## Mahjong: Learn to Play & Meet-up

Why do so many people enjoy playing Mahjong? Above all, it is fun and social! It is a challenging, tile-based strategy game that combines skill with luck. Players attempt to match a hand from scores of possibilities - and although winning a game is satisfying, ALMOST winning is sometimes just as much fun!

#### 1) Learn to Play

The instructor will explain the basics of the game and provide you with the fundamental skills needed to enjoy playing. All participants will receive their own official National Mahjong League card which lists this year's playing hands and the rules of the game.

Code	Day	Date	Time
1291.013	Th	9/8 – 9/29	10 AM - 12:15 PM
1291.023	Th	11/3 – 12/1	10 AM - 12:15 PM

Location: Activity Center (next to tennis courts)
Ages: 40 and up

Fee: R \$65 / NR \$75







#### **Legacy Bench**

Are you looking for a special

way to honor someone? Is there a special event you wish to commemorate? Would you like to recognize an organization that supports the community?

Then consider sponsoring a commemorative bench and plaque as part of Doylestown's legacy program.

For more Information please contact us through Doylestown Township at (215) 348-9915.

#### 2) Mah Jongg Meet up

An opportunity for beginning players to get together and practice their skills. All skill levels welcome and help is always appreciated. Players must bring their own National Mahjong League Card.

Code	Day	Date	Time
1291.013	Th	9/8 - 10 /27	10 AM - 12:30 PM
1291.023	Th	11/3 – 12/22	10 AM - 12:30 PM

Location: Activity Center (next to tennis courts)

Ages: 40 and up

Fee: R \$100 / NR \$110

#### Wood Burning Workshop: Relax and Create

Whether you have never tried wood burning before or you're looking to learn new techniques-this is the class for you! Together we'll practice different line shading techniques, prep the wood, then begin creating art on a piece of live edge wood. You'll have the option to create from a template or you can make your own design! All supplies will be provided.

Please bring/wear mask to protect against smoke fumes while working. The space will be well ventilated with fans.

Code	Day	Date	Time
1114.013	Sa	10/15	6 PM - 8 PM
1114.023	Sa	11/5	6 PM - 8 PM

Location: Activity Center

(next to the tennis courts)

Ages: 18 and up

Fee: R \$95 / NR \$105

## Paint Parties: Families & Kids

Let's get together and create a work of art, no artistic experience necessary! This is a fun and creative way to paint for both ADULTS and KIDS. With step-by-step instructions, you will be amazed at how easy it is creating a beautiful masterpiece. ALL the supplies are included, along with a skilled artist making sure you and your friends have a fun time unleashing everyone's inner creativity! A new theme for your masterpiece each month!

#### 1) Friday Family Paint Party

Code	Day	Date	Time
1927.013	F	9/16	6:30 PM - 8:30 PM
1927.023	F	10/21	6:30 PM - 8:30 PM
1927.033	F	11/18	6:30 PM - 8:30 PM
1927.043	F	12/16	6:30 PM - 8:30 PM

Location: Activity Center (next to tennis courts)

Fee: R \$25 / NR \$35

Ages: 5 and up

\*Price is per family member, a \$10 discount is applied to each additional family member, from the same household account\*

#### 2) Kids Paint Party

Code	Day	Date	Time
0528.013	Su	9/18	9:30 AM - 11 AM
0528.023	Su	10/23	9:30 AM - 11 AM
0528.033	Su	11/20	9:30 AM - 11 AM
0528.043	Su	12/18	9:30 AM - 11 AM

Location: Activity Center (next to tennis courts)

Ages: 5 and up Fee: R \$25 / NR \$35

\*A \$10 discount is applied for siblings in the same household account. \*

## Parents Night Out: Code Ninjas

Drop them off, go have fun, just make sure to pick them up! You deserve a kid - free night and they deserve to have fun with Code Ninjas! Drop your kiddos off at the Activity Center next to the tennis courts in Central Park where they will play games, assemble puzzles, build robotics and more! Pizza, juice, water, and snacks provided

Code 0608.013	Day F	Date 9/30	Time 6:15 PM - 9:00 PM
0608.023	F	10/28	6:15 PM - 9:00 PM
0608.033	F	11/11	6:15 PM - 9:00 PM
0608.043	F	12/9	6:15 PM - 9:00 PM

Location: Activity Center (next to tennis courts)

Ages: 7 – 15

Fee: R \$70 / NR \$80

## **QPR Training for Suicide Prevention**

Did you know that each day 122 people die in the U.S. by suicide? Unfortunately, because of stigma and fears surrounding suicide, it is rarely spoken about. Through QPR Training, the Bucks County Suicide Prevention Task Force has set out to end that stigma and educate teens and their parents in the hopes of preventing such tragedies. QPR, which stands for Question, Persuade, Refer, is a free, 2-hour training that helps teens and their parents/guardians to understand and recognize a mental health crisis. By learning QPR, you will come to recognize the warning signs, clues, and suicidal communications of people in trouble and gain the skills to act vigorously to prevent a possible tragedy. The more people trained the more lives saved. Registration is required for this program.

Code		Day	Date T	ime
1277.013	Th	9/29	6 PM – 8	PM

Location: Meeting Room

(inside of the township building)

Ages: 13 and up (with a parent/guardian)

Fee: FREE

#### TMA Bucks Community Traffic Safety Program for Teenage Drivers

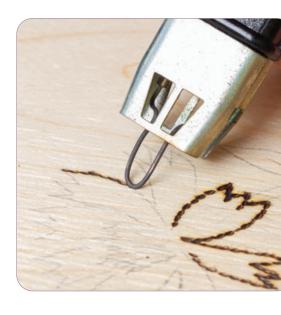
TMA Bucks is happy to announce that our Community Traffic Safety Program manager Carly Mannon has been trained in the Impact Teen Drivers program, which is the nation's leading voice on texting & driving, teen distracted & reckless driving education. The Impact Teen Drivers educational program, aimed at middle school and high school students, confronts the dangers and consequences of reckless and distracted driving. Its unique grassroots framework empowers people to make meaningful behavioral changes in their own driving habits, as well as to promote safe driving in their community.

Code	Day	Date	Time
0925.013	Tu	10/25	6:30 PM – 8 PM
0925.023	Th	12/8	6:30 PM – 8 PM

Location: Meeting Room

(inside of the township building)

Ages: 15 - 18 Fee: FREE



#### **Please Register Early!**

Nothing ruins a good program like waiting until the last minute to register.

If a program does not have sufficient registrations five working days prior to the start date it may be cancelled.

www.doylestownrec.org





#### Visit the LifeTrail

Located near the entrance to Central Park, the LifeTrail is designed specifically for adults ages 50 & up. Step-by-step instructions allow the user to go at their own pace, regardless of skill level. Conveniently located near the walking trail, it also gives users the option of "changing up" their fitness routine. Give it a try the next time you visit Central Park!



#### **Sports & Wellness**

## **ARC CPR/First Aid Training at Cornerstone**

This American Red Cross Blended CPR training class gives you the information and the skills you need to help adults, children, and infants during breathing and cardiac emergencies. Learn CPR, AED, choking and basic First Aid training for adults, children, and infants. Help keep your family safe by becoming familiar with the proper way to respond in an emergency. Registrants will first complete an online training module prior to the in-person skills assessment. A link to the online training module will be sent after registration.

Code	Day	Date	Time
1293.013	Th	11/17	4 PM – 5:15 PM

Location: Cornerstone:

740 Edison Furlong Road, Dtwn.

Ages: 18 and up Fee: R \$80 / NR \$90

#### **Belly Dance Foundations**

Come enjoy the most beautiful dance ever while connecting with family and friends. Enhance your physical and mental wellness while Cristina teaches you the foundations of belly dancing. Classes will start with a warm-up, instruction on movement, execution of movements and end with a cool down. Cultural context will be highlighted throughout. Grab your friends and begin your journey into this transformative dance.

Code	Day	Date	Time
1023.013	W	9/14 - 10/19	6:30 PM - 7:30 PM
1023.023	W	11/2 - 12/14	6:30 PM – 7:30 PM

Location: Activity Center

(next to the tennis courts)

Ages: 16 and up Fee: R \$175 / NR \$185

## Beginning Tai Chi at Cornerstone

For beginners of all ages and abilities, this is a 6-week introduction to the ancient Chinese martial art, exercise, and moving meditation known as Tai Chi Chuan. Students will learn several postures each week and by week 6, perform the complete 13 posture Yang form. For students desiring to renew or continue a Tai Chi practice, this class provides an excellent foundation to participate in ongoing mixed-level Tai Chi and preparation to learn more advanced Tai Chi and Qi Gong concepts and techniques.

Code	Day	Date	Time
2271.013	Tu	9/20 - 10/25	11:15 AM - 12:10 PM
2271.023	Tu	11/1 - 12/6	11:15 AM - 12:10 PM

Location: Cornerstone:

740 Edison Furlong Road, Dtwn.

Ages: 18 and up Fee: R \$109 / NR \$119

## **Group Fitness Classes at Cornerstone**

Looking to change up your fitness routine? Maybe you want to try group fitness classes but don't want to pay for a full gym membership? Our group exercise classes with Cornerstone allow you to do just that! Each program runs once a week for 8 weeks. For all fitness levels. We offer a \$10 discount for seniors, ages 60 and up. Discount will be applied at checkout. \*These are all 8-week sessions\*

#### 1) Cycling

This non-impact cardio workout on a stationary bike with a weighted flywheel uses speed and resistance to create an individualized level of intensity. Since participants choose their own speed and resistance, class intensity is self-determined.

Code	Day	Date		Time	
2147.013	М	9/19 -	11/14	6 PM-7	PM

#### 2) Zumba

A total dance workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, plus boosted energy. A great way to have fun and get a good workout.

Code	Day	Date	Time
2113.013	М	9/19 – 11/7	6:30 PM - 7:30 PM
2113.023	F	9/23 – 11/11	9:30 AM - 10:30 AM

#### 3) Chair Yoga

This yoga class allows participants to use the support of their chair- either seated or standing- to perform gentle stretches designed to increase flexibility, range of motion and balance.

Code	Day	Date	Time
2407.013	Tu	9/20 - 11/8	12 PM - 1 PM

#### 4) Hatha Yoga

Focuses on learning and practicing basic to intermediate poses, alignment principals, breathing techniques and relaxation.

Code	Day	Date	Time
2106.013	М	9/19 - 11/7	6:30 PM - 7:30 PM
2106.023	Su	9/25 - 11/13	10:45 AM - 11:45 AM

#### 5) Barre Fitness

This exhilarating class will give you the long, lean muscles of a dancer by toning your seat, abs, and arms, while strengthening your core. Highly effective exercises are performed at the ballet barre and on the floor. For all fitness levels- must be able to get down on the floor.

Code	Day	Date	Time
2129.013	W	9/21 - 11/9	5:15 PM - 6:15 PM

#### 6) Yin Yoga

Yin Yoga is a slower paced, more meditative version of the popular physical and spiritual discipline of yoga. In Yin Yoga, the poses are held for a longer period of time to target the connective tissue (such as ligaments) rather than focusing on the muscles. As a result, the positions are more passive holds, with little muscular engagement.

Code	Day	Date	Time
2138.013	Sa	9/24 – 11/12	10:45 AM – 11:45 AM

Location: Cornerstone:

740 Edison Furlong Road, Dtwn.

Ages: 18 and up Fee: R \$72 / NR \$82

#### **Group Exercise Class Pass**

Use the Group Exercise Class Card to try a variety of classes at Cornerstone Health & Fitness. Passes can be used for any class that is included in membership and cannot be used for classes that require an additional fee. Try yoga, zumba, indoor cycling and more! Pre-registration is required for all classes, can register up to 25 hours in advance.

Ages 18 and up Fee: R \$82 / NR \$92

## Outdoor Boot Camp at Central Park

Get out to Central Park for this total body fitness program that takes boot-camp style training to the next level. Each workout will combine cardio, core, and strength training, using functional moves and equipment like TRX, battle ropes, Kettlebells, and medicine balls, along with good old fashioned boot camp "faves" like pushups and sprints. This program will keep you fit and feeling

Continued on page 10



#### **Share the Trails**

#### **Bicyclists**

- The rules of the road require bikes, like cars, to travel on the right.
- Travel at a safe speed
- Yield to pedestrians

#### **Pedestrians**

- Pedestrians always use the left lane
- Stay in the proper lane so you aren't surprised by traffic coming behind you.
- When a cyclist approaches, step toward the shoulder to allow extra room for passing

#### **All Trail Users**

- Don't block the trail; travel single file when trail is busy
- Keep dogs under control and on a leash no longer than 6 ft
- Stay alert to your surroundings.
- No dogs/bikes in Harts Woods, in Central Park.

Thanks for doing your part to make our trails a safe place for everyone.

#### **Sports & Wellness**



Support the American Red Cross, your community and the country

Day: Fridays

Dates: 9/23; 10/14; 12/9

 September 23rd October 14th

December 9th

Time: 2:00 pm to 7:00 pm

**Location**: Activity Center (trailer)



great! For all fitness levels. Meet at the beginning of The Life Trial next to the Pavilion #1 Playground.

Classes will be held rain or shine.

Code	Day	Date	Time
2207.013	TuTh	9/20- 11/10	10 AM – 11 AM
2207.023	TuTh	9/20 - 11/10	5:30 PM - 6:30 PM

Location: Central Park: Pavilion #1

Ages: 18 and up Fee: R \$212 / NR \$222

#### **Exploring Archery**

Archery is a universal, lifetime sport anyone can do it! It builds upper body and core strength, along with balance and hand-eye coordination. Archery develops strong problem-solving skills, focus, determination, and patience! "Exploring Archery" will introduce you to the sport of archery. All equipment, including bows, arrows (safe tip), quivers, targets, safety netting and cones will be provided. This 6-week program will help students practice precision and proper form, while promoting the joy and fulfillment that archery can bring! Each week is a new and exciting lesson plan. Students can develop at their own pace in a safe and fun environment! Taught by certified, experienced instructors from Shooting Star Archery Academy.

#### Youth/ Teen

Code	Day	Date	Time
0711.013	Th	9/8 - 10/13	5 PM - 5:45 PM
0711.023	Th	10/20 - 11/17	5 PM - 5:45 PM

Ages: 6-17 yrs

Fee: R \$170 / NR \$180

#### Teen/Adult

Code	Day	Date	Time
0711.033	Th	9/8 - 10/13	6:30 PM - 7:30 PM
0711.043	Th	10/20 - 11/17	6:30 PM – 7:30 PM

Location: Bucks County Fish & Game:

1745 Turk Road, Doylestown

Ages: 13 and up Fee: R \$170 / NR \$180

#### Flag Football Camp

Huddle Up and get ready for Flag Football to become an instant classic. Kids are lining up to score touchdowns and get a taste of the most popular game in the country! Players will get a chance to be running backs, wide receivers, defensive ends, and corner backs. Learn to pass, catch, run routes and punt like the pros! We'll practice these skills while playing Button Hook, Down & Out, Pitch & Run and First & Ten. Scrimmages and Red Zone Challenges will test your skills, promote teamwork, and encourage sportsmanship. ARE YOU READY FOR SOME FLAG FOOTBALL!?

#### Ages 6-9 Yrs.

Code	Day	Date	Time
0477.013	М	9/19 - 10/24	4:15 PM - 5:15 PM

#### Ages 10-12 Yrs.

Code	Day	Date	Time
0477.023	W	9/21 - 10/26	4:15 PM - 5:15 PM

Location: Central Park: Field #3

Fee: R \$100 / NR \$110

#### **Multi-Sport Programs**

Amazing Athletes offers top of the line sport and fitness classes for children 1 ½ years old up to 6 years old! Your child will learn the

## **Sports & Wellness**

fundamentals of 10 different sports. As they get older and progress through our different programs, kids will gain confidence in themselves and benefit from the social skills involved in playing sports! Each week your child will be introduced to two sports, one that uses a stick and one that uses a ball. Program runs for 6 weeks.

Sports taught include: Soccer, Baseball, Track/Field, Basketball, Hockey, Football, Volleyball, Lacrosse, Tennis and Golf.

#### **Tot Program:**

1) Ages: 1-1/2 - 2-1/2 yrs.

Code	Day	Date	Time
0123.013	Sa	9/17 -	10/22 9:15 AM- 9:40 AM

Location: Central Park: Field #3

Fee: R \$78 / NR \$88

#### **Athletes Program:**

1) Ages: 2-½ - 3-½ yrs.

Code	Day	Date	Time
0123.023	Sa	9/17 - 10/22	9:45 AM - 10:15 AM

2) Ages: 4 - 6 yrs.

Code	Day	Date	Time
0123.033	Sa	9/17 – 10/22	10:20 AM - 10:50 AM

Location: Central Park: Field #3

Fee: R \$96 / NR \$106

#### Youth Karate: East Montgomery Martial Arts

This program will feature a traditional Martial Arts curriculum that has been established for over 45 years. With an emphasis on childhood development and goal setting, this program promotes "Discipline of Mind and Body" and the development of a

positive winning attitude!

Your child will receive appropriate colored belts as they advance in the program, which are provided by EMMA. Karate Uniforms (GI) can be purchased from EMMA for an additional \$35 but are not required for the program.

#### Benefits include:

- Learning the basic, beginner curriculum of our Martial Arts Academy.
- Monthly evaluations and promotions in rank as the child advances through the curriculum.
- An activity that will keep your child engaged and active.
- Self-empowerment through self defense

#### **Monday OR Saturday Option**

Code	Day	Date	Time
0463.013	Μ	9/12 - 10/24	6 PM – 7 PM
0463.023	М	11/7 - 12/19	6 PM – 7 PM
0463.03	Sa	9/10 – 10/22	9 AM - 10 AM
0463.043	Sa	10/29 – 12/17	9 AM – 10 AM

Location: Activity Center

(next to the tennis courts)

Ages: 5 - 14

Fee: R \$95 / NR \$105

#### Monday AND Saturday Option

Code	Day	Date	Time
0463.053	M/Sa	9/10 – 10/24	6 PM - 7 PM (M) & 9 AM -10 AM (Sa)
0463.063	M/Sa	10/29 – 12/17	6 PM - 7 PM & 9 AM – 10 AM

Location: Activity Center

(next to the tennis courts)

Ages: 5 - 14

Fee: R \$100 / NR \$200



#### **Programs: Helpful Info**

- If a class is cancelled due to inclement weather, it will be added to the end of the session.
- The Activity Center is the building located on the basketball courts, next to the tennis courts.
- The Meeting Room is located right inside the Doylestown Township Building.



#### **Sports & Wellness**



## Preschool Club: Music, Movement, Me

Grab your preschoolers and make some meaningful connections while having fun! We will be exploring movement, music, crafts, and story time together. We will also connect with nature while meeting new friends. Sessions now run for 6 weeks!

Code	Day	Date	Time
0124.013	Tu	9/13 - 10/18	10 AM - 10:45 AM
0124.023	Tu	11/01 - 12/13	10 AM - 10:45 AM

Location: Activity Center

(next to the tennis courts)

Ages: 1 – 5 (with caregiver) Fee: R \$150 / NR \$160

#### T-Birds T-Ball

Jumpstart Sports T-Ball programs teach players from 3 to 5 years old learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Sessions are one hour long, one day per week, and include all instruction and game play in one outing. Please dress your child in comfy clothes, a hat, and sneakers-cleats are not required.

Each player receives a tee shirt, hat and award!

Code	Day	Date	Time
0119.012	М	9/12 - 10/10	5:30 PM - 6:30 PM

Location: Turk Park: Baseball Field #1

Ages: 1 – 5 (with caregiver)
Fee: R \$95 / NR \$115



These five-week, Learn, Practice & Play programs, (Seasons 1- 4) implement the games-based approach to teaching tennis using age and skill appropriate equipment and methods. It's the fast and fun way to learn tennis and/or improve your game! Emphasis is on fun, fitness, and play. Free loaner racquets are available. Group size is limited. Programs are available for ages 4 and up, from beginner to intermediate players. Discount applied if you register for multiple seasons.

Register at:

www.buckscountytennis.usta.com

#### **Pee Wees**

Ages 4-6 • 6-5:15-6 pm • \$67/child

#### **Little Aces**

Ages 7-10 • 6-7 pm • \$72/child

#### **Juniors**

Ages 11-13 • 7-8 pm • \$72/child

#### Teens/Adults

(Beginner/Intermediate)

Ages 14+ • 8-9 pm • \$72/person

#### Learn, Practice & Play (season 4)

Code	Day	Date
1811.032	Tu	8/30 - 9/27

#### **Fall Forehands Season**

Code	Day	Date
1811.032	Tu	10/11 - 10/25

Presented by: Bucks County Tennis Association

Location: Central Park Courts (#1 - #5)

Ages: 11 and up

Fees: listed above. Please register at www.buckscountytennis.usta.com



#### **Zumba in Central Park**

Join Denise, a licensed Zumba
Instructor for a fun, uplifting workout
to great music. Exercise in the fresh
air for a healthy dose of vitant. D
with a side of endorphire. Zumba is
great for weight loss, edaptable to
any level, and notes you happy. Due
to popular somand class is now
expanded from weeks to 8 weeks
for ally \$72. Remember to bring
plenty of water and have fun!

Location: Central Park: Amphitheater

Ages: 18 and up Fee: R \$72 / NR \$82

**Canine Capers** 

#### **Therapy Team Prep**

This class is designed for handler and dog teams interested in pursuing therapy dog work. The AKC Canine Good Citizen® Program (CGC) is designed to recognize handlers with dogs that are well trained and wellbehaved members of their home and the community – in the presence of other dogs and distractions. Bright & Beautiful Therapy Dogs, Inc. (B&BTD) is a non-profit organization that evaluates and certifies handlers and dogs as therapy dog teams. A dog must naturally possess characteristics for therapy dog work and have (both dog and handler) reliable training skills. This class prepares appropriate teams for CGC or B&BTD testing on the final week of class with an approved evaluator.

Designed for mature, social dogs with previous professional training strongly recommended.

Please contact the class instructor, Susie Danzis of Training Tails Dog Training, to discuss if this class is the right fit for you and your dog. Susie can be contacted at (215) 348-3118 or susie@trainingtails.net."

Test night is the last day of class.

Code	Day	Date	Time
1206.013	Tu	9/13 - 11/15	6:45 PM - 7:45 PM
1206.023	Th	10/13 - 12/15	6:45 PM - 7:45 PM

Location: Activity Center

(next to the tennis courts)

Ages: 18 and up

Fee: R \$225 / NR \$235

#### **Teen Leash & Greet**

My Pack Leash Walk and dog training class combined! You will be walking with me and other handlers and social dogs in "The Pack." A Pack Walk provides excellent physical and mental exercise for your dog as well as healthy interaction with other dogs. This is an outside walking and training class. Learn new exercises to improve your dog's leash walking skills as we power walk through the park. This class is a great option for the active teenage dog! Or, if your dog is excitable around other dogs, needs exercise, constantly stops on their walks or simply enjoys walking. We will teach them to walk (and stay!) on one side of you, walk in a straight line, walk at a steady pace, and walk with their head up in the air (rather than trying to eat everything off the ground!). We will also practice appropriate meet & greet skills with new people and dogs. For dogs that are 6 months and older and social with other dogs.

Continued on page 14



#### Check out the Central Park 9-Hole Disc Golf Course

Did you know that disc golf is recognized as one of the fasting growing sports.

Played a lot like traditional golf but Instead of a ball and clubs, players use a disc. Invented in the 1970's, disc golf is similar to traditional golf.. with participants trying to complete each hole in the fewest number of strokes or "throws". The disc is thrown from the tee area to a target (the hole) which is the typically an elevated metal basket. As a player throws down the fairway, the next shot is taken from the spot where the previous throw has landed. Trees and other natural landmarks located in and around fairways make the game more challenging. When the putt lands in the basket the hole is completed. The more you play the more fun it becomes.

#### FIVE REASONS TO TRY DISC GOLF

- 1. It's Essentially Free Once You Have Your Disc Golf Equipment
- 2. It's More Fun Than You Probably Assume
- 3. You'll Have a Network of New Friends
- 4. It's Surprisingly Good for Your Health
- 5. It's Super Easy to Learn

Stop by DTOWN Disc Golf for supplies and to learn more about this fun sport.

#### Three easy ways to register

#### **Online**

www.doylestownrec.org to create a household account and pay online via credit card (Visa, MasterCard, Amex. or Discover).

#### Mail In / Drop Off

Complete registration form (p.19) and mail with a check to:

Doylestown Township 425 Wells Road Doylestown, PA 18901

#### Fax

215-348-8729 (credit card only)

Questions? Need additional information? Give us a call at 215-348-9915 and we'll be glad to assist you.



Code	Day	Date	Time
1243.013	Sa	9/10 - 10/29	10:45 AM - 11:45 AM
1243.023	Tu	9/13 - 10/25	2 PM - 3 PM
12/13 033	Th	09/15 - 11/10	12 PM = 3 PM

Location: Activity Center

(next to the tennis courts)

Ages: 18 and up

Fee: R \$225 / NR \$235

#### **Total Recall**

Do you dream of having your dog come on command? Every time, even with distractions or even when they don't feel like it? Let's set the groundwork for a reliable recall and make this happen! We will discuss common mistakes and how to overcome them. We will use games and multiple training strategies to build your success history. Let's have fun teaching this important skill and then fun training it for reliability. This class is designed for dog 6 months and older and social with other dogs.

Code	Day	Date	Time
1297.013	Tu	9/13 - 10/4	5:30 PM - 6:30 PM
1297.023	Th	9/15 - 10/6	6:45 PM - 7:45 PM
1297.033	Sa	11/12 - 12/10	01:15 PM - 2:15 PM
1297.043	Sa	11/12 - 12/10	02:30 PM - 3:30 PM

Location: Activity Center (next to the tennis

courts)

Ages: 18 and up

Fee: R \$132 / NR \$142

#### **Puppy Preschool**

Calling ALL new puppy owners! Each class will have a different training discussion, as well as healthy socialization with other pups, objects,

and sounds. This class helps pups learn the cues of other pups and guide owners of appropriate puppy play. Topics of discussion can include house-training, mouthing, chewing and crate training. This is a play-based class geared to pups ages 10 weeks to 16 weeks.

Code	Day	Date	Time	
1276.01	3 Sa 11	′12- 2/10	10:45 AM-	11:45 AM
1276.02	3 Th	11/17 - 12	2/15 5:30 PM	l- :30 PM
1276.03	3 Tu	11/22 - 12	2/13 6:45 PM	l- :45 PM

Location: Activity Center (next to the tennis courts)

Ages: 18 and up Fee: R \$132 / NR \$142

#### **Puppy Kindergarten**

This class is designed to introduce new pups and their owners to the foundation skills of good behavior at home and polite manners out of the home. Each class will introduce behavior and obedience commands including Leave It, Relax, Sit, Down, Place and Come. Each class will include healthy socialization with other pups, objects and sounds and a training discussion. When you and your pup complete seven classes, you can be recognized by the American Kennel Club and rewarded with their S.T.A.R. Puppy Medal and Puppy Package. This is a trainingbased class geared to pups ages 3 months to 6 months.

Code	Day	Date	Time
1203.013	Sa 9/	10 - 10/29	12:15 PM - 1:30 PM
1203.023	Th 9/	15 - 11/10	5:15 PM - 6:30 PM
1203.033	Tu 10	/11 - 12/13	5:15 PM - 6:30 PM

## **Canine Capers**

Location: Activity Center (next to the

tennis courts)

Ages: 18 and up

Fee: R \$240 / NR \$250

#### **Puppy Grade School**

This class is designed for my Puppy Preschool Class graduates that are ready to start active training with their pup. We begin the groundwork for good behavior and practical skills for home and in public spaces. This is a training-based class designed for pups ages 5 months to 7 months of age.

Code	Day	Date	Time
177.013	Sa	9/10 - 10/29	1:45 PM - 2:45 PM
177.023	Sa	9/10 - 10/29	3 PM - 4 PM

Location: Activity Center (next to the tennis

courts)

Ages: 18 and up Fee: R \$230 / NR \$240

#### **Level Up Training**

If we've worked together in the past, this class is for you. Tell me your training goals and I will design the class to achieve them. Let's take your training to the next level or get your dog back on track. This class is designed for a maximum of five dogs that are social with other dogs. Prerequisite: Completed a previous class or in-home training with Susie Danzis. For dogs 8 months and older and social with other dogs.

Code	Day	Date T	ïme
1238.013	Sa	11/12 - 12/10	12 PM - 1 PM

Location: Activity Center (next to the tennis

courts)

Ages: 18 and up Fee: R \$132 / NR \$142

#### **Dog Park Orientation**

A qualified dog trainer along with a Dog Park Advisory Board member will review the park rules and operating hours, responsibilities of the users, behaviors you may observe in your and/or other dogs while at the dog park and the registration process. A multimedia presentation will show new members what to expect from dogs and people at the parks.

Code 5001.013	Day Sa	Date 9/17	Time 4:30 PM - 5:30 PM
5001.023	Sa	10/22	4:30 PM - 5:30 PM
5001.033	Sa	11/19	4 PM - 5 PM

Location: Activity Center (next to the tennis

courts)

Ages: 18 and up

Fee: Free

#### **Photo & Video Release**

On occasion our staff may photograph and/or video tape participants at programs/events. This is for Township use only and may be utilized in township publications or video productions.



visit us at doylestownrec.org



CHECK US OUT ON SOCIAL MEDIA



Special Events... Save the date!



# FOOD TRUCK FEST & CRAFT FAIR

**COME FOR LUNCH STAY FOR DINNER** 

# CENTRAL

SEPTEMBER 24: 12:00 NOON-6:00 P.M.

425 WELLS ROAD - DOYLESTOWN

**OVER 12** YUMMY FOOD

**TRUCKS** 

## FOOD TRUCKS • FUN • SHOPPING

Bring your blankets/chairs and enjoy the sounds of Doylestown Townships very own DJ Jared Courts while playing one of our many lawn games. Fun for the whole family!

20+ **AMAZING CRAFTERS** 

MOSHAVA · STEWARTS ROOT BEER MOBILE · THE TOT ROD · DRINKS AND MORE · HARDY FUNNEL CAKE · HUMPTY'S DUMPLINGS · THE CONFECTIONARY · FIESTA CHURROS · SALTY VETS · DOUBLE TROUBLE WAFFLES & FRENCH TOAST · ARDANA PIZZA CO. · KRESHA CREATIONS · ASHLEY'S FLOATING FLOSS · HUNGRY MOON FOODS · JMAC BRANDS LLC. ·

• CROOKED EYE BREWERY WILL BE IN ATTENDANCE SERVING UP THEIR VARIETY OF BEERS! •

#### **Special Events... Save the date!**

#### Jolly Jammy Jam with Mrs. Clause Dec 2

Put on you favorite holiday jammies and join us for a very Jolly Jammy Jam with Mrs. Clause! Get ready to decorate Mrs. Clause's famous holiday cookies and make some ornaments to decorate Doylestown Township's tree! Sip on some hot chocolate as Mrs. Claus shares some of her favorite holiday stories! Don't forget to bring your letters for Santa-Mrs Clause will hand deliver them to the big guy for you!

Time: 6:00 - 8:00 pm

Location: Community Meeting Room (425 Wells Road, Doylestown)

Fee: R: \$15 / NR: \$20



#### **Decemberfest - Frosty 5K Run**

Join your neighbors and friends for a scenic 5K Run and 1-Mile Fun Run throughout Central Park. The 5K course will take you along the trails throughout out the entire park. Enjoy music and fun activities. Long sleeve t-shirts for first 100 participants. Awards for top 3 finishers in each age group. It will be a frosty fun morning for the entire family!

Time: 5K - 9:00 am / Fun Run - 10:00 am

Location: Central Park

More info to come - Check in for updates at *doylestownrec.org*.



#### **Decemberfest - Visit with Santa** Dec 10

Join Santa for an afternoon of fun winter games and crafts, seasonal goodies and snacks, music and pictures with Santa.

Location: Central Park Pavilion #1

Time: 1-4:00 pm

The Parks and Recreation Board is proud to sponsor this free event for our community. Donations are greatly appreciated.



For additional information/registration please visit <u>www.doylestownrec.org</u>, email at info@doylestownpa.org or call 215-348-9915.

**Dec 10** 

### **General Information**

**Enrollment-General Info:** All programs have a minimum and maximum enrollment and are filled on a first-come, first-served basis. Programs may be canceled due to insufficient registration, inclement weather or other reasonable cause. Payment is due at time of registration (space is not guaranteed until proper payment is received). Resident prices are for those who live within the boundaries of Doylestown Township.

#### Ways to Register:

Online: Register your household and pay online via credit card (Visa, MasterCard or Discover).

Mail In: Complete the registration form and mail with full payment to: Doylestown Township, 425 Wells Road, Doylestown, PA 18901. Separate check or money order for each class.

Walk-In: Monday - Friday, 8:30 am-4:30 pm (use drop slot before/after hours) at the Doylestown Township Administrative Office, located at 425 Wells Road, Doylestown, PA 18901.

Payment: Credit card, cash, check or money order. Unless otherwise indicated, please make checks payable to Doylestown Township.

Why Separate Checks... For your benefit: With a single check, one or more programs may be full and the entire registration is held until we receive proper payment. Classes may be full before we can resolve the problem.

Waiting Lists: Waiting lists do not guarantee you a spot. You will be contacted only if a space becomes available. If notified, you will have up to 24 hours to accept the space (with payment) or the opening will be offered to the next person on the list.

Registration Confirmations: Confirmations are not issued unless a

self-addressed stamped envelope is included with registration materials.

Register Early: Waiting may result in a program being canceled due to low enrollment.

Insufficient Funds: A \$35 charge will be charged back to the participant for each returned check. Failure to correct this error in a timely fashion (cash only) will result in removal from the program.

Notice to Participants: Participants must recognize that all programs involve some level of risk, by registering for a program; participant assumes any & all risk. Every effort is made to ensure the safety of participants and to provide high-quality recreational activities, facilities and parks. In the event of a serious accident or illness, our policy is to: Contact 911, when necessary, transport to the hospital and contact the parent/quardian or emergency contact as quickly as possible.

Customer Service: We strive to provide excellence in the area of customer service and satisfaction. Our policies and guidelines have been carefully established to assist us in providing fair and equitable treatment to all.

Insurance: Individual accident/medical insurance for participants is not provided by Doylestown Township.

Code of Conduct: Participants and/or spectators are expected to exhibit appropriate behavior at all times while attending any program or event sponsored by Doylestown Township.

Kids' Castle Group Days: Group days have been established for ALL groups regardless of size. Groups that have not pre-registered and/or, checked in will be asked to leave the playground. Exceptions will not be made to this policy.

Groups Days: Tuesday, Wednesday and Thursday from 10:00 am to 3:00 pm; May 1st- November 1st (no exceptions).

- ► All groups must be pre-registered.
  - Playground is designed for ages 2-12 only.
  - Fee: \$5/child fee; Payment is due upon arrival.
  - An 8:1 child/chaperone ratio is required.
  - Group Day registration does not include pavilion.

Facility Use Applications: Groups wishing to utilize a park or park amenity must complete a Facility Use Application or Special Event Application and obtain a permit. These forms can be downloaded at www.doylestownrec.org.

Pavilion Rentals: Two picnic shelters are available for rental in Central Park. Facility Use Application, insurance, rental fees and security deposit are required. Fees vary depending on group size and residency. Reservations may be made beginning January 1st (Township Residents) & April 1st (Non-Residents). Please call for times and availability.

Refund Policy: Refund requests will be handled according to the following guidelines.

- Full refunds are issued for programs that are canceled by the Township.
- A \$20 administrative fee will be deducted for all refund requests.
- No refunds will be issued within two weeks or after the start of any program.

Medical emergencies require written verification from a physician Approved requests will be prorated to reflect attendance, \$20 administrative fee and issued as an account credit only.

- There are no cash refunds. All approved refunds will be issued via township check or account credit.
- Facility Rentals: No refunds will be issued within two weeks of pavilion rental. In the event of inclement weather, notification of non-use must be made 24-hrs. prior to the scheduled use day - No later than Friday at 4pm if the rental is scheduled for a weekend. Attempts will be made to reschedule any facility rental.
- Other conditions may exist for programs that run cooperatively with outside providers and may include non-refundable fees.
- Trip programs: Refunds are issued only if the seat can be re-sold or if the trip is canceled.

Check us out at...

www.doylestownrec.org



## Registration

Part 1 ● Family Informa	ation (please prin	t clearly)						
				O Township Resident O				
				State				
				SS				
Home Phone	none Cell Phone			Other				
Part 2 • Program Selection								
Participants Name	Sex Birthdate	Age	Program	Activity Code	Fee			
	O M O F				\$			
	OMC				\$			
	O F				<u> </u>			
	O F O M				\$			
	O F				\$			
Part 3 • Payment								
Payment method: O Check	O Cash O Money	Order O Credit C	ard (complete follow	wing section) Total Paym	ent \$			
Payment method: O Check O Cash O Money Order O Credit Card (complete following section)  Total Payment \$  Devlocation Township new offers the convenience of accepting credit cards either online at your devlocation process.								
Doylestown Township now offers the convenience of accepting credit cards either online at www.doylestownrec.com, in-person, by mail, or over the telephone by calling 215-348-9915. If registering via mail, please complete the following:								
O Visa ® O MasterCard ®	O Discover ®	O Billing Address	s Same as above	O Billing Address differer	nt from above			
Credit Card #:			Exp. Date	// CVV	#			
Billing Address:		City		State Zip				
Cardholder signature				Date:				
Part 4 ● Restrictions / Allergies / Medications								
Restrictions:								
Allergies:								
Medications:								
Wedications.								
Part 5 • Authorized Pic	k Up & Transpor	tation (individual	s / relationship of	those authorized to pick up r	ninor children)			
Name:		Phone (day):		Relationship:				
Name:		Phone (day):		Relationship:				
Part 6 • Release Form								
Persons other than a parent or legal guardian permitted to pick up children must be authorized in writing by the parent or legal guardian and submitted to the program supervisor. For their protection, children will not be released to anyone not on file with the township.								
I hereby give the above named participants permission to participate in the above named recreation program/s sponsored by Doylestown Township. In consideration of participation in the above named recreation program/s, I/we, do hereby agree to hold harmless and indemnify the Township of Doylestown, its employees, agents, and volunteers against any claims for and on account of any and all injuries sustained as a result of participation in the above named program/s. In addition, I grant my permission to have emergency medical personnel and/or physician treat and/or transport.								
Signature of Participant or Guardian (if under age 18) Date								

Return with payment to: Doylestown Township, 425 Wells Road, Doylestown, PA 18901

**Doylestown Township 425 Wells Road** Doylestown, PA 18901 Phone: (215) 348-9915 Fax: (215) 348-8729

> Office Hours Monday-Friday 8:30 am-4:30 pm

**Park System Hours:** Dawn to Dusk

Visit us on the web! www.doylestownrec.org

Visit us on Social Media











Explore local Parks! Being well, having fun, and strengthening our communities are some of the ways that local parks and recreation enhance our lives. To find a local park, nearby park or explore other parks across Pennsylvania visit http://goodforpa.com.

Join us at the C&N Amphitheater for the Fall Food Truck Fest & Craft Fair September 24



